

Message from the Chairman, Janet Kelly

I happen to be writing this letter on 1st June and am reminded that it is exactly 20 years to the day that Odiham Cottage Hospital returned to community ownership through the marvelous campaign to "Save Our Hospital" from closure.

In many ways, the community was ahead of its time by having the vision to purchase the freehold of the building and thereby ensure that Odiham Cottage Hospital would remain under community ownership in perpetuity. Since NHS nursing services for inpatient care were withdrawn in 2011, the Trustees have been able to provide an ever expanding range of health and social care services to meet the needs of local people.

This year has been no exception.

Services

We are very proud to have been one of the early supporters of Hart Voluntary Action's 1-2-1 Youth Counselling Service. National media reports remind us that young people's mental health is a growing concern and statutory service provision is overstretched. So we are particularly fortunate in Hart to have a local service with a growing track

record of success. In fact the service had reached the stage of justifying a permanent home and just before Christmas, the HVA Trustees signed a lease to occupy the annexe building at OCH. Work to refurbish the premises started immediately and since April the building has provided a peaceful venue to give or receive counselling.

In addition to the 1-2-1 service, rooms are available to hire for fully qualified or student counsellors or charities providing counselling or talking therapies.

Meanwhile, HVA's Sunshine and Showers continues to meet at OCH on a weekly basis, supporting those with mild to moderate anxiety and depression.



Caroline Winchurch CEO and HVA Trustees in the newly refurbished annexe

In January this year, Citizen's Advice Hart

launched an outreach service at OCH on the first Tuesday of each month, 09.30 to 13.00. Appointments are not necessary and this free, confidential service can provide help with advice on a range of subjects including benefits, debt, employment, relationship issues, housing and consumer issues.

The link between financial worries, anxiety and health is clear and the Trustees have very recently agreed to provide funding to enable the service to expand to other areas of West Hart.

Our support of the Whitewater Health link nurse role approaches its fourth anniversary and an article submitted to the Journal of Integrated Care provides conclusive evidence of the benefit of this role to surgeries and patients alike. We are still hopeful that the Clinical Commissioning Group will recognise those benefits and provide future funding across all practices.

In the autumn of last year link nurse Libby Kirby was succeeded by Jackie Hordle who now continues this excellent service with Liz Good.

Our work with St Michael's Hospice recognises the value the community placed on the palliative care services that the hospital formerly provided. We have given financial support to their Community Palliative Care Service for four years, and will continue to do so. Sheila Feakin, who ran the very popular Complementary Therapy Service

since April 2012, moved to new pastures in the Spring and we would like to record our grateful thanks for her dedicated service.

The OCH Befriending Service, managed by Maria Bryant and working in partnership with St Michael's Hospice, has now been running for four years. Following further training courses in the year, the service now has 45 volunteers supporting 45 patients with visits and 6 with telephone contact. In the 12 months under review volunteers have made 1,274 visits totaling 2,303 hours of support, an amazing increase of 48% over the previous year. This team is further complemented by a volunteer reflexologist who offers patients treatment in their own homes. This is all fully funded by OCHCT.

Rosefield Day Centre, under the umbrella of Age Concern Hampshire has had to respond to the impact of austerity measures in its

contract with Hampshire County Council Adult Services. This has resulted in an increasing opportunity for private clients to enjoy a day of stimulation and care, and perhaps important respite for those who look after them. 44 clients attended the day centre in the year of which 903 sessions were funded by Adult Services and 943 were privately funded.

We were delighted that the outgoing Chairman of Hart DC, Cllr Gerry Crisp, chose Rosefield Day Centre to be one of his Chairman's charities for the year and he kindly joined us for Christmas lunch. Since then the incoming Chairman, Cllr Wendy Makepeace-Browne visited the day centre to mark Dementia Awareness Week in May.

If you know anyone who would benefit from this service, please do get in touch with Manager Lynne Ewing on 01256 393604 or drop in for a coffee and chat, anytime Tuesday, Wednesday or Thursday, 9.30am to 4pm.

Occasionally we are asked to contribute towards small community projects



Whitewater Garden for Health

associated with health and were delighted to

fund a shed for the Whitewater Garden for Health project. GPs refer patients when it is felt that their health would improve from being outdoors and working in a team whilst getting exercise and fresh air.

The comments above give only the briefest overview of services that are funded by OCHCT or provided at the hospital. Others include fortnightly health visitor clinics, our Monday lunch club, foot care clinic, "Silver Surfing" classes, and a "Therapy through Art" group run by Inclusion Hampshire.

The weekly Steady and Strong class continues to meet on a Friday at 12.40 for an hour. These strengthening and balance exercises help improve stability and thereby reduce the risk of falls. Further details are available from Julie Hewson on 07849 248846.

Shops

Our shops in Odiham, Hartley Wintney and Old Basing, continue to be the mainstay of our fundraising efforts, with combined sales exceeding prior year and budget – quite an achievement against the background of difficult trading on local high streets.

But such a statement does not tell the full story of the marvelous community effort that each shop represents. The success of these activities is completely reliant on the loyalty of shoppers, people who donate their goods and of course the amazing team of volunteers who, both “front of house” and “behind the scenes”, contribute so much. We are particularly grateful to all those who bring donations to the shops and are able to sign up for our Gift Aid reclaim scheme.

Our management team of Charlotte (Head of Retail), Debbie (Odiham) and Sue (Old Basing) are now joined by Audrey (Hartley Wintney)

and we record our thanks to them for all their hard work.

In the Spring, we completed a mini-makeover at the Hartley Wintney store and are pleased that this investment has been enjoyed by volunteers and shoppers alike. Our Old Basing shop has produced tremendous results from ebay sales whilst our Odiham shop, being the smallest of the three, had another successful year.

Governance

As Trustees, an increasingly important part of running a charity is ensuring that our

decisions and actions are all taken against the principles of our founding document and best practice within our chosen field. This Board has spent much time considering the recommendations of the new Charity Governance Code and has taken actions where appropriate to ensure our full and ongoing compliance.

Conclusion

I joined this Board just as the hospital was preparing to reopen in its new role and since then have been continually impressed by the affection our community has for its cottage hospital.

Earlier this year we were delighted when Dr Helena Heywood, now retired GP from Odiham surgery, joined our Board and her passion for the well-being of local people will help us continue to develop our services going forward.

Such services will still sit within the framework of providing the best and widest range of health and social care services that are of value to and valued by our

community.

It is very rewarding to recognise that in this way we see the number of patients and clients we reach, ever expanding. I firmly believe that we are making a real difference to the health and social care needs of our local population.

We will continue to seek, and where possible support, new services that are of real benefit to our local residents in the years to come and we offer you our deepest thanks for your loyal support over the past 12 months.

Janet Kelly, Chairman



Hart DC Chairman, Cllr Wendy Makepeace-Browne visits Rosefield and meets manager Lynne Ewing and Befriending Coordinator Maria Bryant

Odiham Cottage Hospital Combined Trusts: 20th Annual General Meeting

Odiham Cottage Hospital, Buryfields, Odiham, 7.30pm Tuesday 24th July 2018.

After the brief formalities, Sally Plank, Chief Executive of Citizen's Advice Hart, will speak on the local outreach service.

All welcome, wine and canapés served

Treasurer's Report, Graham Deverill

Originally completely reliant on the generosity of the community, the hospital now receives over 90% of its income from rents, investment income and the hospital shops. However charitable donations still make up an important part of our income and we were delighted to receive £13,606 from individuals and community groups last year. Unrestricted income totalled £176,326 compared to £185,399 in the previous year, largely due to slightly reduced rental and investment income and capital expenditure at our shops.

In addition we received two bequests totalling £11,000 which were added to the hospital's endowment fund. All of our investments are held in funds designed for charities, reflecting our cautious investment approach. Whilst investment returns form an important part of our charitable income, the Trustees have been careful to protect the underlying value of OCHCT's capital which has shown unrealised investment gains in the year.

Expenditure on total charitable activities (£211,999 compared to £282,142 in 2016/17) includes the financial support we give to our service partners and has reduced due to the one-off grant of £70,000 given to St Michael's hospice in the prior year. The balance of expenditure are costs incurred in running the hospital building and the charity.

The resultant net deficit of £41,063 (deficit £83,958 in 2016/17) reflects the very positive decision taken by the Trustees to provide support to the current range of services even though some of the funding will come from the charity's capital reserves. This has been a measured decision and one that we have been able to take thanks to the generosity of the community that has loyally supported its hospital over many years.

A copy of the full accounts, which have been subject to an independent examination, is available from Ginny East at OCH.

Odiham Cottage Hospital Shops - come and find us!

Odiham	71 High Street, Odiham, RG29 1LA Tel 01256 704872 Monday to Friday 10am to 4pm, Saturday 10am to 1pm Manager Debbie Sweet
Hartley Wintney	Millbank House, High Street, Hartley Wintney, RG27 8PE Tel 01252 844936 Monday to Saturday 10am to 4pm Manager Audrey Stemp
Old Basing	42 BelleView Road, Old Basing, RG24 7JU Tel: 01256 346624 Monday to Saturday 10am to 4pm Manager Sue Cameron

We welcome all quality donations including small electrical items during shop opening hours
If you are interested in joining our friendly team of volunteers, please contact the relevant shop manager
or our retail manager, Charlotte Gravestock 07712 305137.

Yes, I'd like to help Odiham Cottage Hospital continue its work

- By sending a cheque made payable to "OCH Combined Trusts".
I am a UK tax-payer and this donation qualifies for gift aid tax relief (please sign if applic)
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- By giving a regular amount or leaving a legacy – please send me details

Name

Address

Please return to: Ginny East, Odiham Cottage Hospital, Buryfields, Odiham, Hook, Hants, RG29 1NE